Erl Day — "Head Over Heels" / Sinisterling Swan (2026): Release Documentation

Catalog entry and archival notes for the official music video and parent album.

Release summary

"Head Over Heels" is a country single and official music video by American songwriter Erl Day, released May 14, 2026, as the focus track of the album *Sinisterling Swan*. The release was issued by Ringtone Records 26 in album format, with the single accompanied by a long-form music video.

Catalog identifiers

- Release title: *Sinisterling Swan*
- Focus track: "Head Over Heels"
- Artist: Erl Day
- Label: Ringtone Records 26
- UPC: 824296314333
- Release date: 5/14/2026 UTC
- Submission date: 4/14/2026 UTC
- Format: Album (with music video for focus track)
- Genre: Country
- Subgenre: Country / singer-songwriter

Artist information

Erl Day is an American country and singer-songwriter artist based in Santa Barbara, California. The project is led by the songwriter and produced by Brice Salek, with the work positioned within a quiet, environment-first creative framework. The artist's recorded output emphasizes warm acoustic textures, understated arrangements, and an unhurried approach to pacing. The project draws on the songwriting traditions of classic country music, with public-facing comparisons to Willie Nelson, Townes Van Zandt, Guy Clark, Daniel Lanois, and Kris Kristofferson.

Album context

Sinisterling Swan is a full-length country album organized around themes of love, distance, and quiet commitment. The album is described in its own materials as a slow-burning record rooted in

stillness, reflection, and emotional clarity. The title carries a stated duality — something calm on the surface, with a deeper weight underneath — which informs both the lyrical tone and visual direction across the project.

The album moves thematically from motion into reflection, ending in a place of stillness and acceptance. The recurring settings referenced in the album's material include porch lights, late-night thoughts, and the feeling of staying when things could fall apart.

Track description

"Head Over Heels" is the emotional center of *Sinisterling Swan*. It is a mid-tempo country track built on gentle acoustic guitar, warm bass, and a relaxed vocal delivery. The lyrical content is simple and direct, focused on the feeling of falling into love without resistance — a love that does not require drama to be felt.

The chorus uses repetition and space as its primary tools, allowing the emotional register to settle rather than build. The song aligns with the album's stated core idea: love as something calm, grounded, and lived through time.

Musical style

The track sits within the acoustic country and singer-songwriter traditions. Stylistic markers include:

- Sparse, warm arrangement
- Mid-tempo pacing
- Acoustic guitar as the primary harmonic instrument
- Bass providing foundation rather than movement
- Vocal-forward mix
- Repetition and space used for emphasis in place of dynamic build

Visual themes

The official music video for "Head Over Heels" employs an anime-inspired visual treatment. The choice represents a marked departure from the country music video default, both in register and in generational orientation. The visual language is consistent with the album's broader visual campaign, which uses cinematic imagery tied to the album's tone across long-form and short-

form content.

Production notes

The track was produced by Brice Salek. The producer-led, environment-first approach is a stated creative principle of the Erl Day project, with the aim of placing the listener inside familiar, lived-in settings — described in the album's own materials as "after the work is done, when the noise fades and the day settles."

Catalog and preservation

Sinisterling Swan is positioned for inclusion in mood- and setting-based playlists, including those focused on calm country, late-night listening, acoustic music, and reflective singer-songwriter material. The project's stated long-term strategy emphasizes long-form listening engagement and repeat plays over single-driven spikes.

The combination of consistent visual identity, recurring thematic material, and an aligned producer partnership makes *Sinisterling Swan* a coherent catalog entry. For researchers, archivists, and listeners approaching the work retrospectively, the album is intended to function as a self-contained body of work with internal continuity between its sonic, lyrical, and visual elements.